Campbell Clinic training lives up to its reputation for residents in Foundation-supported program

When Matt Mayfield was a medical student at the University of Texas Southwestern in Dallas and considering orthopaedics as a specialty, one name popped up over and over when people recommended a place for his residency. That place was Campbell Clinic.

“Campbell Clinic is a mecca in the field of orthopaedics,” Matt said. “Everyone I talked with said it was the place for the best training. And they were right.”

The Campbell Foundation provides funding to support the Campbell Clinic-University of Tennessee Orthopaedic Residency Program, which ranks in the top eight percent of orthopaedic residency programs in the nation. The accredited, five-year program has a total of 40 full-time residents. More than 400 medical school graduates vie for the eight positions open each year.

Matt Mayfield is now in his fifth and final year of the residency program. David Brown, a Nashville native who earned his medical degree at UT-Memphis, is in his first year. Both of the young doctors agree that the expertise of the staff physicians who work with residents, along with the quality of other residents in the program, make the Campbell Clinic-UT residency program an exceptional learning opportunity.

“I plan to specialize in pediatrics, so I’ve worked extensively with Drs. Canale, Beaty and Warner,” Matt said. “They have been tremendously influential in what I’ve learned. There are facets of their personalities and practices that I want to model myself after. One thing they all have in common, in addition to knowledge, is they treat every patient with respect.”

Now a half-year into the program, David Brown has been impressed with the dedication of his fellow residents. “They all work very hard, and everyone really wants to learn,” David said. “I feel like I am building relationships that will be important to me throughout my career.”

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David remembers meeting representatives of The Campbell Foundation, as well as learning about Foundation-backed research, during his first weeks in the residency program. "We received a stack of textbooks up to our waists and journals, all provided by the Foundation," he said. "It just demonstrated to me that the Foundation is really committed to resident education." —Dr. David Brown

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Residency program offers a balance between learning and experience

The Campbell Foundation-University of Tennessee orthopaedic residency program offers a careful balance between academic and theoretical learning and practical experience.

Residents in the program participate in rotations in general orthopaedics, pediatric orthopaedics, trauma, sports medicine, hand, foot and ankle, spine, adult reconstructive surgery, anatomy and pathology, orthopaedic oncology and total joint.

During each rotation, residents spend approximately 50 percent of their time in clinical activities and 50 percent in surgical duties, a practice that allows residents to experience the continuity of patient care from initial exam and evaluation, through surgical or non-surgical treatment and post-operative rehabilitation.

Residents are instructed and mentored by faculty members from the Campbell Clinic staff who have interest and training in the rotation subspecialty. Other hallmarks of the Campbell Foundation-University of Tennessee orthopaedic residency program include:

- Residents experience a graduated exposure to surgical techniques through rotations in the various orthopaedic services.
- Residents are expected to master the cognitive and technical aspects of each rotation to allow progressive assumption of responsibility for more challenging diagnostic and treatment decisions, as well as more complex operative procedures.
- Each rotation features clearly-defined objectives and timely evaluations.
- In each rotation, residents are exposed to a busy clinical practice and frequent specialty-based journal clubs from which they gain scientific knowledge applicable to clinical and surgical situations.
- Interpersonal and communication skills and professionalism are enforced by one-on-one interaction with faculty members who instruct, serve as role models, and evaluate each resident’s professional behavior and ability to communicate with patients of all ages and circumstances.
- Supervision and instruction of junior residents by senior residents also helps develop communication and administrative skills.

and privileged to be a part of it." —Dr. Matt Mayfield